**Pushing Weight by Simone Bridges**

PUSHER (SIMONE)

I push the weight so they gain it

Hide the scales, say they’re tainted

Give the first hit for free

let them taste it

They come back begging

My product’s never wasted

{CHRISTNA}

the rich eat the apples

And feed the cores to the poor

We’re at the bottom of the food chain

Like Hansel and Gretel trailing cookie crumbs

corporations use additives to make every trick a treat

easy to deceive the ones who can’t afford to eat

ERICA

Why spend money on vegetables when we got families to feed?

those organic groceries don’t take EBT

Obesity is the new sexy

Insulin needles are the new accessory

PUSHER

Get the sugar, the fat, the additives, cut it up

Get the soda, the fries, the burgers, bag it up

the calories, the sodium, the pounds: add it up

it’s my process

no losses in these pockets, it’s all profit

Coming to me all hours of the night like aye can I cop this

{ERICA}

Trading water for soda, life for death

Us Americans eat a cheeseburger before we take our last breath

PUSHER

You can know every side effect and still want this high

you demand the Worst and the cheap I supply

I got you on that Corn Syrup for a nickel and a dime

Lookin for a farmer’s market: why even try?

I cut my supply so your stomach believes you’ll never eat enough

ERICA

Amputations don’t happen because we are cursed

It’s because our diets got worse

We eat to die

we’ll sink our canines into anything deep fried

{ANDREW}

Diabetes consumes my father

three generations of warning signs deep

he tells me to kick my habit

but my taste buds numb the fear of a stroke

forget I kill myself with every bite

add a blueprint of my neighborhood and

diabetes is like my birthright

PUSHER

Crack can’t come close, in the hood I’m Big Business

Kill the youth fast, get rid of any witness

My motto for life: Kill you, pay me

CHRIS

the only muscles you’ll use are your jaws

when the blood flow’s cut from the neck down

Chewing yourself a slow death

PUSHER

Even without legs the fiends will learn to crawl

{CHRIS}

We need to silence these diabetes Pushers

rewrite the recipe without corporate greed

replant the seeds and grow crops to feed the needs

that our habits and bodies have forgotten

Remember: we can do more today than pay for the taste of defeat

choose a different life, and become more than what we eat.